

GETTING STARTED ON THE DRUMS

INSTRUCTOR: JARED FALK

LESSON: 10 OF 10

DIFFICULTY: 1

Developing A Practice Routine

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Developing a practice routine can be quite challenging, especially when you are first starting to play the drums. Learning drums has changed, more and more drummers and moving away from the traditional method of learning with a private instructor, and now taking online lessons... Just like you with Drumeo Edge!

One of the elements that is missing, is that you don't necessarily have a pre-built practice routine that your teacher will create for you each week. So this tool will help you develop the right foundation of theory, technique, and musicality.

So every practice session, you need to practice a little bit of theory, some technique, and musicality. For example, if you have 45 minutes to practice, you would spend 15 minutes on theory (note values, sight reading, odd times), 15 minutes on techniques (rudiments, kit speed, double bass control), and 15 minutes on musicality (learning a play-along, jamming to your favourite songs, developing a drum solo).

Below you will find a simple chart to help you track and plan your practice routines. I always recommend that you go into a practice session already knowing exactly what you are going to work on. You will be that much more efficient if you do so.

Date: January 10th, 2014		Time: 45 minutes
Theory	Technique	Musicality
1/4 Note Triplets	Single Stroke Roll Speed	Drumeo Edge Play-Along
Positive Focus:	Felt very comfortable transitioning from 1/4 notes to 1/4 note triplets, increased speed of single strokes from 160 bpm to 170 bpm, learned the form of the new Drumeo Edge play-along	

Date:		Time:
Theory	Technique	Musicality
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